

Opportunity Kitchen



The Compass Wellbeing Opportunity Kitchen will be a fully accessible training kitchen, providing opportunities for those with learning difficulties, those managing poor mental health, those rehabilitating from trauma or illness, those in recovery from addiction and those living in poverty to:

- Learn new life skills leading to improved independence, health and wellbeing,
- Acquire new work skills leading to improved work and volunteering opportunities &
- Make friends and improve personal relationships, reducing isolation and loneliness.

We have already raised 20K towards the building renovations and need another 10K to bring our dream kitchen to life. This kitchen will make a big difference to the local community by helping those most vulnerable to learn new skills and improve their confidence, not just with cooking skills but by meeting new people and getting involved in a project.

The opportunities rising from this project are practically endless. Fundraising the final 10k will be a challenge, but we are passionate about the difference this project will make to hundreds of people in the community — we need your help to do this.

This is your opportunity to support a fantastic community project. Please donate what you can or organise your own fundraiser. Why not make it food related? A cake sale, or bake off challenge, a sponsored baked bean bath or raffle a hamper. Whatever you decide, your support for the Opportunity Kitchen will provide positive and plentiful opportunities for those who need support to get their lives “cooking on gas”!

[PLEASE DONATE HERE](#)